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Performer's Check List

On The Day Before Performance Day	Please Do This
	Place prepared/cleaned/pressed costume on hangers. Secure in a protective bag with an extra pair of tights and place in the car. Make sure your name is on everything
	Secure accessories (wigs, gloves, etc) and place in tote bag. Store in the car
	Secure and store props (chairs, tables, stage pieces) in the car
	Clean/polish and prepare your shoes e.g. ribbons/laces in good condition and secured to shoes, All screws on taps are secured appropriately, etc. Place the shoes in a tote bag and store them in the car. Make sure your name and Port Perry Dance Academy are written on them
	Load your make-up bag with extra hair pins, safety pins, hair nets, keenex, cotton wool, Q-Tips, makeup*, make-up remover etc. Place the make-up bag on your make-up area for use tomorrow! It's a good idea to practice your make-up today
	Cut/shape/clean/buff all nails. Remove all coloured nail polish
	Prepare your mind and body. Go over your routine. Stretch so you'll be limber for tomorrow
	Go to bed early to make sure you get lots of rest
On Performance Day	Please Do This
	Eat a healthy meal before arriving at the venue. Bring lots of water and healthy snacks
	Do your hair and makeup. Place make-up bag in the car
	Wear your team suit and appropriate dance clothes for warm-up purposes
	Arrive 1 ½ hours prior to start time. This 1 ½ hour period is to be dedicated to stretching and rehearsing only
	Check-in with Academy staff who are usually located in the dressing or rehearsal areas
	Respect the rules of the venue. Be courteous, co-operative and supportive to all dancers and venue staff at all times
	Sit together with your team members and wear your team suit to receive your adjudication and awards
	Thank your award presenter.
	Have Fun!!

Makeup*:

- Eyelashes #101
- Blush – L'Oreal True Match – Colour: Tender Rose C-3-4
- Eye Shadow – Revlon Colour Stay – Colour: Blushed Wine
- Lipstick – Cover Girl – Colour: Cherry Brandy
- You should wear foundation one shade darker than your skin
- You should wear black eyeliner

Hair:

- Side part over left eye, bun with hair net unless otherwise stated by teacher

Earrings:

- Only use the earrings from our boutique to ensure everyone matches
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* Please take this note with you to Shoppers in Port Perry to get a 20% discount on the makeup (refer to Anna Young)

Please note the backstage and dressing room areas are reserved for dancers, academy and venue staff only.