

## Summer Intensive 2010 Schedule

Date	Monday August 16th		Date	Tuesday August 17th	
Time	Room 1: Lesley Scott/Lynn Ahmad Company A&B	Time	Room 3: Kelly Waterman/ Lynn Ahmad Company C & D	Room 2:	
9:00	Cardio (A,B,C,D)	9:00			
9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng		
10:15	<b>break</b>	10:15	<b>break</b>		
11:00	Technique: Turns	11:00	Technique: Tap		
11:45	Flex & Cool Down	11:45	Flex & Cool Down		
12:15	<b>lunch</b>	12:15	<b>lunch</b>		
1:00	Jazz/lyrical Combinations	1:00	Jazz Technique		
2:00	Ballet Intensive: RAD Intermediate	2:00	Ballet Technique		
3:30	Ballet Intensive: Intermediate Foundation	3:00	Choreography: As Assigned		
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned		
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned		
Date	Wednesday August 18th		Date	Thursday August 19th	
Time	Room 1: Lesley Scott/Lynn Ahmad Company A&B	Time	Room 3: Kelly Waterman/ Lynn Ahmad Company C & D	Room 2:	
9:00	Cardio (A,B,C,D)	9:00			
9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng		
10:15	<b>break</b>	10:15	<b>break</b>		
11:00	Technique: Turns	11:00	Technique: Tap		
11:45	Flex & Cool Down	11:45	Flex & Cool Down		
12:15	<b>lunch</b>	12:15	<b>lunch</b>		
1:00	Jazz/lyrical Combinations	1:00	Jazz Technique		
2:00	Ballet Intensive: RAD Intermediate	2:00	Ballet Technique		
3:30	Ballet Intensive: Intermediate Foundation	3:00	Choreography: As Assigned		
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned		
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned		

## Summer Intensive 2010 Schedule

Date	Thursday August 19th	Date		
Time	Room 1: Lesley Scott/Lynn Ahmad Company A&B	Time	Room 3: Kelly Waterman Company C & D	Room 2:
9:00	Cardio (A,B,C,D)	9:00		
9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng	
10:15	<b>break</b>	10:15	<b>break</b>	
11:00	Technique: Turns	11:00	Technique: Tap	
11:45	Flex & Cool Down	11:45	Flex & Cool Down	
12:15	<b>lunch</b>	12:15	<b>lunch</b>	
1:00	Jazz/lyrical Combinations	1:00	Jazz Technique	
2:00	Ballet Intensive: RAD Intermediate	2:00	Ballet Technique	
3:30	Ballet Intensive: Intermediate Foundation	3:00	Choreography: As Assigned	
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned	
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned	
Date	Friday August 20th	Date		
Time	Room 1: Lesley Scott/Lynn Ahmad Company A&B	Time	Room 3: Kelly Waterman Company C & D	Room 2:
9:00	Cardio (A,B,C,D)	9:00		
9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng	
10:15	<b>break</b>	10:15	<b>break</b>	
11:00	Technique: Turns	11:00	Technique: Tap	
11:45	Flex & Cool Down	11:45	Flex & Cool Down	
12:15	<b>lunch</b>	12:15	<b>lunch</b>	
1:00	Jazz/lyrical Combinations	1:00	Jazz Technique	
2:00	Ballet Intensive: RAD Intermediate	2:00	Ballet Technique	
3:30	Ballet Intensive: Intermediate Foundation	3:00	Choreography: As Assigned	
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned	
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned	

## Summer Intensive 2010 Schedule

Date	Monday August 23rd	Date	Room 1: Kelly Waterman Company C	Room 2:
Time	Room 3: Lesley Scott/Lynn Ahmad Company A&B	Time		
9:00	Cardio (A,B,C,D)	9:00		
9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng	
10:15	<b>break</b>	10:15	<b>break</b>	
11:00	Technique: Turns	11:00	Technique: Tap	
11:45	Flex & Cool Down	11:45	Flex & Cool Down	
12:15	<b>lunch</b>	12:15	<b>lunch</b>	
1:00	Jazz/lyrical Combinations	1:00	Ballet Technique	
2:00	Ballet Intensive: RAD Intermediate	2:00	Acro: Technique	
3:30	Ballet Intensive: Intermediate Foundation	3:00	Acro: Technique	
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned	
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned	
Date	Tuesday August 24th	Date	Room 1: Kelly Waterman Company C	Room 2:
Time	Room 3: Lesley Scott/Lynn Ahmad Company A&B	Time		
9:00	Cardio (A,B,C,D)	9:00		
9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng	
10:15	<b>break</b>	10:15	<b>break</b>	
11:00	Technique: Turns	11:00	Technique: Tap	
11:45	Flex & Cool Down	11:45	Flex & Cool Down	
12:15	<b>lunch</b>	12:15	<b>lunch</b>	
1:00	Jazz/lyrical Combinations	1:00	Jazz Technique	
2:00	Ballet Intensive: RAD Intermediate	2:00	Acro Technique	
3:30	Ballet Intensive: Intermediate Foundation	3:00	Acro: Technique	
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned	
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned	
Date	Wednesday August 25th	Date	Room 1: Kelly Waterman Company C	Room 2:
Time	Room 3: Lesley Scott/Lynn Ahmad Company A&B	Time		
9:00	Cardio (A,B,C,D)	9:00		
9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng	
10:15	<b>break</b>	10:15	<b>break</b>	
11:00	Technique: Turns	11:00	Technique: Tap	
11:45	Flex & Cool Down	11:45	Flex & Cool Down	
12:15	<b>lunch</b>	12:15	<b>lunch</b>	
1:00	Jazz/lyrical Combinations	1:00	Ballet Technique	
2:00	Ballet Intensive: RAD Intermediate	2:00	Acro: Technique	
3:30	Ballet Intensive: Intermediate Foundation	3:00	Acro: Technique	
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned	
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned	

## Summer Intensive 2010 Schedule

<b>Date</b>		<b>Thursday August 26th</b>		<b>Date</b>			
<b>Time</b>		<b>Room 3: Lesley Scott/Lynn Ahmad Company A&amp;B</b>		<b>Time</b>		<b>Room 1: Kelly Waterman Company C</b>	
						<b>Room 2:</b>	
9:00	Cardio (A,B,C,D)	9:00		9:00			
9:30	Technique: Jumps	9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng		
10:15	<b>break</b>	10:15	<b>break</b>	10:15	<b>break</b>		
11:00	Technique: Turns	11:00	Technique: Turns	11:00	Technique: Tap		
11:45	Flex & Cool Down	11:45	Flex & Cool Down	11:45	Flex & Cool Down		
12:15	<b>lunch</b>	12:15	<b>lunch</b>	12:15	<b>lunch</b>		
1:00	Jazz/lyrical Combinations	1:00	Jazz/lyrical Combinations	1:00	Jazz Technique		
2:00	Ballet Intensive: RAD Intermediate	2:00	Ballet Intensive: RAD Intermediate	2:00	Ballet Technique		
3:30	Ballet Intensive: Intermediate Foundation	3:30	Ballet Intensive: Intermediate Foundation	3:00	Acro: Technique		
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned	4:00	Choreography: As Assigned		
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned	5:00	Choreography: As Assigned		
<b>Date</b>		<b>Friday August 27th</b>		<b>Date</b>			
<b>Time</b>		<b>Room 3: Lesley Scott/Lynn Ahmad Company A&amp;B</b>		<b>Time</b>		<b>Room 1: Kelly Waterman Company C</b>	
						<b>Room 2:</b>	
9:00	Cardio (A,B,C,D)	9:00		9:00			
9:30	Technique: Jumps	9:30	Technique: Jumps	9:30	Technique: Jumps, Turns, Spottng		
10:15	<b>break</b>	10:15	<b>break</b>	10:15	<b>break</b>		
11:00	Technique: Turns	11:00	Technique: Turns	11:00	Technique: Tap		
11:45	Flex & Cool Down	11:45	Flex & Cool Down	11:45	Flex & Cool Down		
12:15	<b>lunch</b>	12:15	<b>lunch</b>	12:15	<b>lunch</b>		
1:00	Jazz/lyrical Combinations	1:00	Jazz/lyrical Combinations	1:00	Ballet Technique		
2:00	Ballet Intensive: RAD Intermediate	2:00	Ballet Intensive: RAD Intermediate	2:00	Acro: Technique		
3:30	Ballet Intensive: Intermediate Foundation	3:30	Ballet Intensive: Intermediate Foundation	3:00	Acro: Technique		
5:00	Choreography: As Assigned	4:00	Choreography: As Assigned	4:00	Choreography: As Assigned		
6:00	Choreography: As Assigned	5:00	Choreography: As Assigned	5:00	Choreography: As Assigned		